



## ECOlunchboxes.com Lunchbox Waste Study 2009

The financial and environmental costs of packing lunches using disposables and pre-packaged foods.

Lunch Items	Unit Cost	Total Annual Cost for Average Family*	Lunchtime Garbage Units Daily by Family Using Disposibles and Pre-Packaged Foods	Lunchtime Garbage Units Annually For Family Using Throw-Aways and Pre-Packaged Foods	Extra Lunchtime Costs Annually For Family Using Throw-Aways
Ziploc baggies	\$0.06	\$43.20	3	720	\$43.20
Vanity Fair napkins	\$0.02	\$14.40	3	720	\$14.40
Safeway spoons	\$0.04	\$28.80	3	720	\$28.80
Minute Made (pre-packaged individual apple juice boxes)	\$0.40	\$288	3	720	\$93.60
Yoplait yogurt (pre-packaged individual-size tub)	\$0.70	\$504	3	720	\$140.85
Cheez-It (pre-packaged individual packs)	\$0.37	\$266.40	3	720	\$72
Extra Lunchtime Garbage Units Daily by Family Using Disposibles & Pre-Packaged Foods			18		
Extra Lunchtime Garbage Units Annually by Family Using Disposibles & Pre-Packaged Foods			4320		
<b>Annual savings for families packing ECO lunchboxes! No throw-aways and no pre-packaged foods.</b>					<b>\$392.85</b>

Study by www.ECOLunchboxes.com © 2009  
 \*Family is calculated as 2 kids and 1 adult packing lunch 5 times weekly.